

HOW TO DEAL WITH LICE!

by Hair Fairies

WHAT YOU SHOULD KNOW

Lice are 1 of the **TOP 3** reasons kids miss school.

IT'S EXTREMELY COMMON

Between 6-12 million U.S. kids 3-11 years old get head lice each year

Lice are **NOT** signs of unwashed or unclean hair. They thrive in clean hair!

LICE CANNOT...

- Jump, fly or swim
- Live on your pets
- Live in your environment (couch, carpet, furniture, pillow, sheets, mattress, car, movie theater, airplane, etc.)

Not dangerous, but contagious (and annoying!)

LIFE CYCLE OF A LOUSE

WHAT HAPPENS AND WHAT TO LOOK FOR



EGGS

Head lice eggs (called "nits") are hard to see and often confused for dandruff or hair spray droplets. Nits can be found at the base of the hair shaft nearest the scalp.



NYPHS

The egg hatches to release a nymph. The nit shell then becomes a more visible dull yellow and remains attached to the hair. Nymphs mature after three molts and become adults about seven days after hatching.



ADULTS

The adult louse has six legs, each with a claw, and is tan to grayish-white. Adults multiply quickly, laying up to eight eggs a day, and living up to 30 days on someone's head. A louse can go two days without blood meals.

Preventative Tips for Parents

The sooner head lice are detected, the better. Quick action and preventive measures can minimize their spread and chance of returning.



Screen your child for head lice once a week.



Be extra vigilant after returning from any school, camp, or holiday break (places where outbreaks tend to occur more often).



Promote lice screenings at your school/camp - they will help limit outbreaks.

If you suspect someone in your family has lice, act quickly to prevent these parasites from spreading!



DO'S

Use proven, manual head lice removal methods and all-natural products.

Daily wash only the clothing, bedding, brushes, and hair accessories used during your head lice infestation.

Screen your entire household as soon as one child has head lice.

Tell your school and friends you have head lice to avoid cross-pollination.

Spread the word, not the lice!

RELAX

and take a deep breath!

DON'TS

Don't replace your furnishings (including your mattress).

Don't wash your entire wardrobe.

Don't use toxic products or ineffective home remedies for head lice. Some over-the-counter shampoos can be highly toxic (especially for kids), and many strains of lice are immune to the chemicals.

Don't cut your hair or pour olive oil, mayonnaise, Listerine, tea tree oil, vinegar, Vaseline, or gasoline on it - these methods don't work. Some are dangerous; others are better used as a preventative measure or in tandem with a lice comb.

IF YOU HEAR OF A LICE OUTBREAK

1



Keep long hair pulled back in a braid or ponytail. (Long hair is more susceptible to lice.)

2



Apply Hair Fairies Nit-Zapping™ Clenz Prevention Oil onto scalp.

3



Spray Hair Fairies Nit-Zapping™ Lice Repellent Spray on non-washables like backpacks and caps.

IF YOU FIND LICE ON YOUR CHILD

1



Notify your school, friends, and family immediately to help curtail spread

2



Wash all affected clothing with Hair Fairies Laundry Detergent

3



Use Hair Fairies all-natural Nit-Zapping™ Clenz Cream and Nit-Zapping™ Lice Comb to remove lice

4



Wash your family's hands with Hair Fairies Foaming Eucalyptus Hand Soap to prevent transfer of lice

Still have questions? Give us a call at 877-285-0069 or contact our lice removal salons for assistance

Treat with Nit-Zapping™ Clenz Shampoo

OR

Come to a Hair Fairies salon near you

SCHOOLS & CAMPS

- Screen your school/camp for lice once a month
- Remove any negative stigma attached to contracting head lice by educating families and staff, and by promoting speedy notification of parents

- Use Hair Fairies Nit-Zapping™ Lice Repellent Spray in your school/camp environment, such as on stuffed animals, pillows, uniforms, and caps
- Use Hair Fairies Foaming Eucalyptus Hand Soap to prevent transfer of head lice

Learn more at hairfairies.com